

Member Agencies of the WNY Youth Anti-Vaping Coalition

VISION:

A community educated on the dangers of vaping and other harmful substances with a commitment to fostering a substance free tomorrow.

# Vaping Resource Guide

2022/2023



MISSION:

A collaboration of agencies and community organizations working to reduce the youth vaping epidemic by providing current evidence-based education and resources for schools, youth and their families.

Serving all eight counties of Western New York.

## PROGRAMS AVAILABLE:

### **Student Education Program:**

40-minute, classroom style, presentation for grades 5-12 to inform about the potential dangers and consequences of teenage vaping. Topics covered include:

- Impact of cigarette smoking on previous generations
- Similarities between cigarette smoking and vaping
- Intentional marketing of vaping products to teens and young adults
- Health and safety concerns of vaping
- Impact of nicotine on the undeveloped, adolescent brain
- Options for teens who are addicted to vaping

### **Adult Education Program:**

60-minute presentation to inform about essential information regarding the vaping culture that continues to gain popularity with teens. Topics covered include:

- History of the vaping culture in the United States
- Evolution of vaping devices and products on the market
- Health and safety concerns of vaping
- Impact of nicotine on the not yet fully developed adolescent brain
- Abuse potential of other substances from vaping devices
- Intentional marketing of vaping products to teens and young adults
- What parents can do if they have concerns for their child

(Program content may vary slightly depending upon presenter)

## WEB BASED RESOURCES:

### **The Truth Initiative**

Text “DROPTHEVAPE” to 88709 to join THis is Quitting, a free texting support program fo help with quitting vaping for teens and young adults.

PARENTS: text “QUIT” to 202-899-7550 to receive daily advice to help youth quit

Visit [truthinitiative.org/thisisquitting](http://truthinitiative.org/thisisquitting) to learn more.

[Quick Facts](#) on the Risks of E-cigarettes for Kids, Teens, and Young Adults

[A Tip Sheet for Parents](#) on how to talk with your children about e-cigarettes

## WEB BASED RESOURCES:

### **CATCH My Breath Curriculum**

CATCH My Breath is a FREE best-practices youth E-cigarette and JUUL prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. CATCH My Breath utilizes a peer-led teaching approach and meets National and State Health Education Standards. Created for ages 10-18 (5th grade - 12th grade) and can be taught in one or multiple grade levels. The lessons are broken down into 4 lessons that last 30-40 minutes each.

<https://catchinfo.org/modules/e-cigarettes/>

### **Centers for Disease Control and Prevention**

The CDC website provides straightforward, factual information about vaping and the science behind the dangers of vaping products. Resources and fact sheets are available for download. Content is most appropriate for teachers and parents.

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/index.htm](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm)

### **Combat Addiction Campaign & Toolkit**

The New York State Office of Alcoholism and Substance Abuse Services (OASAS), in partnership with the NY State Education Department (NYSED), has developed an evidence-based repository of age-appropriate educational materials to address drug, alcohol and e-cigarette use by youth. Download-able pamphlets, prevalence statistics, reference guides, curricula, “conversation aids” and other documents are available. The website has a section specific to youth vaping.

<https://combataddiction.ny.gov/teenage-vaping>

### **Stanford Tobacco Prevention Toolkit**

This FREE, online curriculum is a theory-based and evidence-informed “educational resource that can be adapted to fit the individual needs of educators and students in all types of settings.” Prepared lessons (50 minute modules) and interactive materials include PowerPoint presentations, supplemental worksheets, and associated classroom activities.

<http://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html>

### **Still Blowing Smoke Campaign**

Website developed by the California Department of Public Health with good visuals and videos about the myths and dangers of vaping. Well suited for middle and high school students with messages that relate to this age group. Also includes information for parents and teachers.

<https://stillblowingsmoke.org/>

## ALLEGANY COUNTY:

### **Allegany Council on Alcoholism and Substance Abuse, Inc. (ACASA)**

Ann Weaver, LMSW, CPP  
[aweaver@alleganycouncil.org](mailto:aweaver@alleganycouncil.org)  
585-593-1920, ext. 713  
Programs for Adults and Students

### **Roswell Park Comprehensive Cancer Center**

Jonathan Chaffee  
[jonathan.chaffee@roswellpark.org](mailto:jonathan.chaffee@roswellpark.org)  
716-548-0555  
Programs for Adults and Students

### **Upstate NY Poison Center**

Mary Beth Dreyer, MSEd  
[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)  
716-803-3775  
Programs conducted virtual or in-person for schools and communities

## CATTARAUGUS COUNTY:

### **Cattaraugus County Department of Health**

Matthew Tyssee  
[metyssee@cattco.org](mailto:metyssee@cattco.org)  
716-701-3383  
Programs for Adults and Students

### **Roswell Park Comprehensive Cancer Center**

Jonathan Chaffee  
[jonathan.chaffee@roswellpark.org](mailto:jonathan.chaffee@roswellpark.org)  
716-548-0555  
Programs for Adults and Students

### **Upstate NY Poison Center**

Mary Beth Dreyer, MSEd  
[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)  
716-803-3775  
Programs conducted virtual or in-person for schools and communities

## CHAUTAUQUA COUNTY:

### **Prevention Works**

Laurie Reynolds  
[Laurie@preventionworks.us](mailto:Laurie@preventionworks.us)  
716-664-3608  
Programs for Students (Evidenced Based Teen Intervene-Intervention Program)

## NIAGARA COUNTY:

### **Upstate NY Poison Center**

Mary Beth Dreyer, MSEd  
[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)  
716-803-3775  
Programs conducted virtual or in-person for schools and communities

## ORLEANS COUNTY:

### **GCASA**

Diana Fulcomer  
[dfulcomer@gcasa.org](mailto:dfulcomer@gcasa.org)  
585-331-8729  
Programs for Adults & Students (Evidenced Based Teen Intervene-Intervention Program)

### **Upstate NY Poison Center**

Mary Beth Dreyer, MSEd  
[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)  
716-803-3775  
Programs conducted virtual or in-person for schools and communities

### **Roswell Park Comprehensive Cancer Center**

Brittany Bozzer  
[brittany.bozzer@roswellpark.org](mailto:brittany.bozzer@roswellpark.org)  
585-219-4064  
Programs for Students

## WYOMING COUNTY:

### **Partners for Prevention**

Lydia Dziedzic  
[ldziedzic@wyomingco.net](mailto:ldziedzic@wyomingco.net)  
585-786-8970  
Programs for Parents/School Staff etc per request

### **Roswell Park Comprehensive Cancer Center**

Brittany Bozzer  
[brittany.bozzer@roswellpark.org](mailto:brittany.bozzer@roswellpark.org)  
585-219-4064  
Programs for Students

### **Upstate NY Poison Center**

Mary Beth Dreyer, MSEd  
[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)  
716-803-3775  
Programs conducted virtual or in-person for schools and communities

## CHAUTAUQUA COUNTY:

### **Roswell Park Comprehensive Cancer Center**

Jonathan Chaffee

[jonathan.chaffee@roswellpark.org](mailto:jonathan.chaffee@roswellpark.org)

716-548-0555

Programs for Adults and Students

### **Upstate NY Poison Center**

Mary Beth Dreyer, MEd

[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)

716-803-3775

Programs conducted virtual or in-person for schools and communities

## ERIE COUNTY:

### **Erie County Department of Health**

Yassica Amezquita

[Yessica.Amezquita@erie.gov](mailto:Yessica.Amezquita@erie.gov)

716-858-2962

Programs for Adults and Students (Middle - College)

Kelly Asher

[kelly.asher@erie.gov](mailto:kelly.asher@erie.gov)

716-858-7685

Programs for Adults and Students

### **Kids Escaping Drugs**

Ashley Gedra

[AGedra@Ked.org](mailto:AGedra@Ked.org)

716-827-9462 x317

Programs for Adults, Students and the Vaping Intervention Program

### **Hilbert College**

Colleen Kumiega, M.S.

[Ckumiega@hilbert.edu](mailto:Ckumiega@hilbert.edu)

716-926-8863

Programs for college students or clinical help for families and individuals

### **The Prevention Council of Erie County**

Vanita L. Jamison

[vjamison@thepreventioncouncilec.org](mailto:vjamison@thepreventioncouncilec.org)

716-831-2298

Programs for Adults

Ann Rossetti, LMSW

[arossetti@thepreventioncouncilec.org](mailto:arossetti@thepreventioncouncilec.org)

Programs for Students

## ERIE COUNTY:

### **Upstate NY Poison Center**

Mary Beth Dreyer, MEd

[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)

716-803-3775

Programs conducted virtual or in-person for schools and communities

### **WNY United Against Drug & Alcohol Abuse Inc.**

Kate Chudoba

[kchudoba@wnyunitied.org](mailto:kchudoba@wnyunitied.org)

716-821-7722 ext. 314

Programs for Adults

## GENESEE COUNTY:

### **GCASA**

Diane Klos

[dklos@gcasa.org](mailto:dklos@gcasa.org)

585-815-1883

Programs for Adults & Students (Evidenced Based Teen Intervene-Intervention Program)

### **Roswell Park Comprehensive Cancer Center**

Brittany Bozzer

[brittany.bozzer@roswellpark.org](mailto:brittany.bozzer@roswellpark.org)

585-219-4064

Programs for Students

### **Upstate NY Poison Center**

Mary Beth Dreyer, MEd

[DreyerM@upstate.edu](mailto:DreyerM@upstate.edu)

716-803-3775

Programs conducted virtual or in-person for schools and communities

## NIAGARA COUNTY:

### **Northpointe Council, Inc.**

Chelsea Crance, CPP

[ccrance@northpointecouncil.org](mailto:ccrance@northpointecouncil.org)

716-433-3846

Programs for Adults and Students

Amy Chaffee, M.S.

[achaffee@northpointecouncil.org](mailto:achaffee@northpointecouncil.org)

716-433-3846

Programs for Adults and Students